Tossed Salad
Makes about 8 servings

Ingredients:
1 small Romaine lettuce, washed
1 tomato sliced into 8 wedge
1 cup cut broccoli
5 radishes, slice
1/4 cup chopped onion

Directions:
1. In a large bowl toss together all ingredients
2. Add a small amount of your favorite low calorie salad dressing and serve immediately.

Source: Cornell University Cooperative Extension – New York City Nutrition & Health Programs Recipe Collection.