Zucchini Hummus Wrap
Makes 2 servings

Ingredients:
1 zucchini (1/2 pound), sliced (about 2 cups)
4 tablespoons hummus
whole wheat flour tortillas (10 inch)
2 slices cheese (cheddar, mozzarella, provolone, Swiss)
2 cups vegetables, sliced (lettuce, onion, pepper, tomato)

Directions:
2. Spread 2 tablespoons hummus on each tortilla. Top with cheese and zucchini.
3. Top with fresh vegetables of choice. Fold into a wrap and serve immediately.

Tips:
Use any fresh vegetables on hand.

Source: Iowa State University Extension