Pasta Salad
Makes 6 – 1 cup servings

Ingredients:
2 cups cooked pasta (any shape)
1 cup cucumber, diced
1 large tomato, chopped
½ medium green pepper, diced
¼ medium onion, diced
½ cup frozen peas
¼ cup Italian salad dressing

Directions:
1. Mix together pasta, cucumber, tomato, green pepper, onion, peas and salad dressing in a medium-sized bowl.
2. Cover and refrigerate.
3. Mix again before serving.
4. Refrigerate leftovers.

Source: Eating Smart Being Active curriculum Colorado State University and University of California Extension