Pasta Salad
Makes 6 servings

Ingredients:
- 2 cups cooked pasta (any shape)
- 1 cup cucumber, diced
- 1 large tomato, chopped
- ½ medium green pepper, diced
- ¼ medium onion, diced
- ½ cup frozen peas
- ¼ cup Italian salad dressing

Directions:
1. Mix together pasta, cucumber, tomato, green pepper, onion, peas and salad dressing in a medium-sized bowl.
2. Cover and refrigerate.
3. Mix again before serving.
4. Refrigerate leftovers.

Source: Eating Smart Being Active curriculum Colorado State University and University of California Extension

Recipe analyzed using The Food Processor® Nutrition Analysis Software from ESHA Research, Salem, Oregon.

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