Mixed Fruit
Makes 6 servings

Ingredients:
1. 8 ounce can mandarin oranges, drained
2. 8 ounce can fruit cocktail, drained
3. 8 ounce can pineapple chunks, drained
4. 2 apples, chopped
5. 1 banana, sliced

Directions:
1. In a large bowl, mix together oranges, fruit cocktail, pineapple, apples and banana.
2. Cover and chill until ready to serve.
3. Refrigerate leftovers.

Source: Eating Smart Being Active curriculum Colorado State University and University of California Extension